



November Notes

As we prepare for a different type of Thanksgiving, we'd be remiss not to address the challenges and hardships that 2020 has brought for many. But challenging times bring great strength and resiliency. Characteristics that the children we work with emulate each day. More than ever this Thanksgiving holiday offers us the chance to give thanks for all that we have. The staff of Pediatric Potentials wants to express our sincere appreciation for your confidence and loyalty.

~ Shoshana Newman, Director, Pediatric Potentials



**Thanksgiving During A Pandemic
CDC Recommends...**

If You're Hosting a Gathering

- have a small outdoor meal with family and friends who live in your community
- limit the # of guests
- discuss expectations of COVID protocols ahead of time
- clean and disinfect surfaces frequently
- if celebrating indoors, make sure to open windows
- have guests bring their own food & drink
- if sharing food, have 1 person serve food and use single-use containers

If You're Attending a Gathering

- bring your own food, drinks, plates, cups & utensils
- wear a mask, and [safely store](#) it while eating and drinking
- avoid going in and out of the areas where food is being prepared or handled
- use single-use options, like salad dressing & condiment packets



Holiday Gift Suggestions

- [see a list of some of our favorite gifts for 2020](#)

*Thanksgiving Activities to
Keep the Kids
Entertained While you
prepare*
[Full Article](#)

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