

From our December, 2011 Newsletter

Holiday Parenting Tips:

The hectic month of December may go a lot smoother for your household if you try these few parenting tips:



- *** Speak with a soft voice in short sentences.
- *** Avoid filling in the silence.
- *** Count down.
- *** Teach "waiting" during games like "follow the leader"; it's a skill that has to be learned.
- *** Drinking through a straw can help to calm a child down.
- *** Add chewy foods (gum, twizzlers) to snacks to organize and calm.
- *** Give your child something to carry, push or pull. They can be great Holiday shopping helpers!