

From our February, 2011 Newsletter

Tip of the Month:



Our therapists have found that YouTube can be an invaluable resource for teaching a school or lifestyle concept! If there's a topic or issue you or your child would like to know more about, there probably is a YouTube video to help explain it.

As Jodi Prupis explains: "when my own daughter was going to be in a wedding, I showed her YouTubes of 'flower girls' so she would understand what would be happening that day. She was able to see what the expectations were, and she did not get upset at the wedding. I've also used it to show her scenes and songs before taking her to a big Broadway musical, ensuring that she would then not be scared in the theater. I have recommended it to clients who are teaching a child a sport. Seeing what is expected really helps these kids. If a child knows what is expected of them they perform so much better, they transition better, and overall the experience is better for the child and the family. I have also recommended it as a good way to assist kids who have difficulty with transitions or who need to be prepped before an activity, such as going to the dentist, going to a birthday party at an unfamiliar place, or going skiing."

From difficult math concepts to relaxation techniques, YouTube has it all. No wonder it has more than 10 billion views every month!